We present the results from a kinematic study of planetary nebulae in the extreme outskirts of two spiral galaxies, M83 and M94. We find that in the inner regions of the galaxies, the vertical velocity dispersion ( $\sigma_{\sf z}$ ) falls off exponentially  $\sf \epsilon$ with the light, as expected for a constant mass-to-light ratio, constant scale height disk. However, starting at four optical scale lengths,  $\sigma$ <sub>z</sub> asymptotes out at roughly  $|$  20 km s<sup>-1</sup>. Our analysis finds evidence for significant flaring in the outer regions as well, especially in M94. Our observations are in excellent agreement with predictions derived from models of disk heating by halo substructure. This work is supported by NSF and NASA.

 $\Delta$ v > 15 km s<sup>-1</sup> H II region

# Kinematic Evidence for Halo Substructure in Spiral Galaxies



Shape

PN

inner v<sub>5007</sub> outer v<sub>res</sub>

Legend

halo PN

- In spirals, the vertical velocity dispersion,  $\sigma_z$ , is related to disk surface mass,  $\Sigma(R)$ , and the disk scale height,  $h_z$ , by:  $\overline{C_2^2(R)} = K\overline{G\Sigma(R)}h$
- $\cdot$  K = 2 $\pi$  (isothermal),  $\pi$  (exponential) &  $\pi^2/2$  (intermediate sech(z)) (van der Kruit 1988)
- $\cdot$  If (1) the light decays exponentially with a single scale length ( $h_R$ ),
	- (2) the disk mass-to-light ratio (M/L) is constant, and
	- (3) the scale height is also constant,
- then  $\sigma$ <sub>z</sub> should decrease exponentially, with a scale length twice that of the light
- Fig 2 shows that  $\sigma_z$  tracks the light in the inner regions, but flattens out at R > 4  $h_R$
- The minimum  $\sigma_z \sim 15$  km s<sup>-1</sup> is >> the typical measurement error, and cannot be due to dust,
- long-lived, low-surface brightness, cold, ring-like features in outer disks,
- the growth of a strong bar, the production of a flare, and
- the development of a thick disk (Kazantzidis et al. 2008, and references therein)

+



N

E

## 1. Introduction

• The cold dark matter (CDM) paradigm explains large scale structure and galactic clusters very well (Tegmark et al. 2004), yet problems still exist at the galactic level

- The "missing satellite" problem: according to simulations, a galactic halo should look like a galaxy cluster and contain many small subhalos (e.g., Moore et al. 1999; Klypin et al. 1999)
- Recent discoveries of tidally stripped satellite galaxies around the Milky Way and Andromeda | galaxies (references in Kazantzidis et al. 2008) help to solve this problem
- Small companions profoundly affect the morphology and kinematics of thin galactic disks
- Specifically, numerical models of satellite halo bombardments predict:

- Rotation curves cannot decouple the disk mass from the dark halo (Barnes et al. 2004)
- The z-motions of old disk stars in low-inclination spirals measure disk mass directly
- Planetary Nebulae (PNe) are ideal particles for this purpose because they are:
	- bright, abundant to >5 scale lengths, representative of the old disk,
	- easy to distinguish from H II regions (via the [O III]-Hα ratio; Ciardullo et al. 2002),
- $\cdot$  and amenable to precise (~2 km s<sup>-1</sup>) radial velocities with fiber-fed spectrographs
- We presented a narrow-band imaging survey of six low-inclination nearby spirals in which we identified large samples of PNe (Herrmann et al. 2008, Paper I)

- M83 (SBc): 162 PNe, 2.5 < R < 24.7 kpc, (~1 10 optical disk scale lengths)
- Taken with the Hydra bench spectrograph on the CTIO 4-m telescope
- $\cdot$  Typical velocity uncertainty  $\Delta {\sf v} \sim 6.5$  km s $^{-1}$ , and in all cases,  $\Delta {\sf v} \prec 15$  km s $^{-1}$ • M94 (Sab): 192 PNe, 0.5 < R < 19.0 kpc (0.4 - 16 optical disk scale lengths),
	- Observed with the Hydra spectrograph on WIYN
- $\boldsymbol{\cdot}$  Typically  $\Delta$ v ~ 3 km s $^{-1}$ , again with  $\Delta$ v  $\prec$  15 km s $^{-1}$  for all objects

• faint stellar streams above the disk plane,

Neither galaxy is exactly face-on, so we removed galactic rotation from the PN velocities by using velocity maps from The H I Nearby Galaxy Survey (THINGS; Walter et al. 2008) with corrections for asymmetric drift

- We then binned the PNe by radius (15-16 PNe in M83, and 16 PNe in M94), and excluded PNe more than ~2.5 σ away from the bin mean as possible halo contaminants
- This made very little difference to the analysis since the procedure eliminated only six objects in

• Though many simulations (references in Kazantzidis et al. 2008) have explored disk heating by subhalos, observationally the results have proven to be elusive

Finally, to extract the component of the velocity dispersion perpendicular to the galactic disk,  $\sigma_{z}$ , from the other two constituents of the velocity ellipsoid, we used the epicyclic approximation of nearcircular orbits to couple  $\sigma_{\omega}$  to  $\sigma_{R}$ , and then solved for  $\sigma_{z}$  via a maximum-likelihood analysis (Herrmann & Ciardullo in prep)

## 2. The Survey

• Flat rotation curves indicate dark matter in the outer regions of spiral galaxies and determine total galactic mass (e.g., Sofue & Rubin 2001)

• Here, we focus on the two galaxies for which we have the largest radial coverage:

• Yet,  $h<sub>z</sub>$  in the outer regions must be >> 300 pc if one is to maintain stability (see Fig 1)  $\cdot$  Could the flaring and high values of  $\sigma_z$  in the outer regions be due to subhalo heating?  $\cdot$  Fig 2 compares our  $\sigma$ , profiles to results from N-body simulations of dark subhalo interactions with a Milky Way-like galaxy (private communication with S. Kazantzidis) •The agreement between observations and theory is excellent • The simulations also predict a corresponding flaring of the disk

• We find kinematic evidence that beyond  $-4$  h<sub>R</sub> disk thickness increases substantially and the zvelocity dispersion is independent of radius

outer, the contour regions enclose  $38\%$  (0.5 $\sigma$ ),  $68\%$  (1 $\sigma$ ),  $86\%$  (1.5 $\sigma$ ) and 95% (2 $\sigma$ ) of the probability. The dashed lines show the limits of our analysis. The black x indicates the most likely solution. The solid curves display the upper limits on  $\sigma$ , derived from the additional constraint that the disk be stable against axisymmetric perturbations. The multiple curves represent intermediate (sech (z)) disks with scale heights of 200 and 300 pc. Note that for stability,  $h<sub>z</sub>$  must be larger than these nominal values, especially in M94.

Fig. 2. Comparison of our M83 and M94 results to the  $\sigma$ <sub>z</sub> values (solid black curve) determined from a numerical simulation of subhalos interacting with a disk. The data have not been rescaled in any way. The agreement between the data and model is much better than with the constant M/L, constant  $h<sub>z</sub>$ exponential disk (dashed orange curve). A simple model with increasing scale height and scale length also fits the data very well (dashed red curve).

#### M83 and five in M94

• Figure 1 shows example results of the fits for bins in the galaxies' outer disks

### 3. Results

contamination by H II regions, or large scale warping (Herrmann & Ciardullo in prep) M94's flat profile is partially explained by its radial light profile: initially  $h_R = 1.22$  kpc but then breaks to a shallower profile ( $h_R$  = 7.16 kpc) at R > 5 kpc (de Blok et al. 2008) • However,  $\sigma$ , is still much higher than possible for a constant M/L, constant h<sub>z</sub> disk Moreover, both disks have stability issues at large radii: to be stable against axisymmetric perturbations, a thin stellar disk must obey the Toomre (1964) criterion:

σ<sub> $ρ$ </sub> > 3.36*G*Σ/κ,

where κ is the epicyclic frequency of the orbits

 $\cdot$  Combining this criterion with the equation above yields the strong constraint on  $\sigma_z$ :

#### $\sigma_{\textsf{z}}$  < (Kh<sub>z</sub>κ $\sigma_{\textsf{R}}$ /3.36)<sup>1/2</sup>

Relations between  $h_z$ ,  $h_R$ , Hubble type, and  $\mu_0$  (the central disk surface brightness) from edge-on galaxy studies (de Grijs & Peletier 1997; de Grijs 1998; Kregel et al. 2002; Bizyaev & Mitronova 2002) imply that  $h<sub>z</sub>$  for both M83 and M94 is  $\sim$  300 pc

## 4. Conclusions

• The persistence of very thin spiral disks has long been recognized as a significant constraint for structure growth models (cf. Moore et al. 1999)

• This result is consistent with cosmological models of hierarchical structure formation, where <sup>a</sup> thin disk is heated by a small number of massive subhalos, which are initially on radial orbits (Hopkins et al. 2008) or orbiting coplanar to the disk (private communication with S. Kazantzidis)

• Since simulations show that disk heating does not scale linearly with the mass and number of subhalos, this is potentially <sup>a</sup> strong constraint on substructure

• More data is required to explore this constraint further



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